

# Pegasus 3<sup>rd</sup> Annual Trot in the Park

## 5k & 1 mile FUN RUN

### Philadelphia, PA

**Saturday, October 6, 2018**

**9:00 AM 5K / 9:10 AM 1 Mile Fun Run**

**WHO:** Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

**WHAT:** The Pegasus Trot in the Park 5K and 1 mile fun walk/run is a fundraiser for Pegasus Therapeutic Riding Academy, a therapeutic horseback riding program for children and adults with disabilities located in Pennypack Park in Northeast Philadelphia

**WHERE:** Pennypack Park (Pine Road Entrance), Philadelphia, PA. The course will be on the paved trail through Pennypack Park.

**COST:** \$25 for 5k and \$20 for fun run which includes a T-shirt. Participants may donate additional amount to benefit Pegasus TRA when registering. Any registration received after September 15, 2018 will not include T-shirt. Shirt size requests will be honored to the best of our ability but size may be substituted. Race day registration will be limited.

**WHEN:** Saturday, October 6, 2018  
8:00 a.m. - Registration begins  
9:00 a.m. - 5K Run/Walk begins  
9:10 a.m. - 1 mile Fun Run begins  
10:00 a.m. - Award presentation at finish line

**REMEMBER:** Pin your number to your shirt FRONT leaving the bottom portion unpinned so it can be removed as you cross the finish line. This is very important!

**HOW:** To register by mail, complete the form below and submit a \$25 check/money order to Pegasus TRA by September 15, 2018. To register online, visit [www.pegasusridingacademy.com/pegasus-trot-in-the-park-5k/](http://www.pegasusridingacademy.com/pegasus-trot-in-the-park-5k/) or our Facebook page, Pegasus Riding Academy. Any registration received after September 15, 2018 will not include T-shirt. Race day registration will be limited. Size requests will be honored to the best of our ability but size may be substituted.

**RESULTS:** 1, 2 and 3 mile marked. Finish line and timing service by Pretzel City Sports.  
Race results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**AWARDS:** Medal and \$25 will be presented to Overall Male and Female Champion. Medals presented to top three (3) Male and top three (3) Female finishers in each of the following age brackets: 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+years.

**DIRECTIONS:**

- Race will start at Pine Road Entrance of Pennypack Park. 8500 Pine Rd, Philadelphia PA, 19111
- 1 mile north of Rhawn St. on Pine Rd, on the right side.

**REGISTRATION: Pegasus Trot in the Park 5K** Complete this portion. Detach and mail. Include \$25 registration fee for 5K or \$20 registration fee for 1 mile FUN RUN by September 15, 2018. Checks payable to Pegasus TRA.

Select: RUNNER / WALKER

Name \_\_\_\_\_ Address \_\_\_\_\_  
*Please print*  
Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
E-mail address \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Select Race (please circle): 5K runner/ 5k walker      1 mile FUN RUN

T-shirt size (circle one) Youth S M L  Adult S M L XL
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**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Pegasus TRA or The City of Philadelphia Department of Parks and Recreation from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the roads; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and/or pictures in legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ Date \_\_\_\_\_  
*(Parent or guardian's signature if less than 18 years of age.)*

Please make checks payable to Pegasus TRA and mail to: 8297 Bustleton Ave, Philadelphia, PA 19152 (215)742-1500 - [PegasusTeresa@comcast.net](mailto:PegasusTeresa@comcast.net)